

ONGOING

Tuesday to Thursday 9:30 – 12:00	Drop-In The kettle's always on, a chair saved, and it's time for you. Enjoy a cuppa and something to eat, share what's on your mind or take it easy. Our Drop-In is here for company, comfort and care. Free drinks and snacks, and warm hearts. #Connections
Tuesday to Friday 9:30 – 5:00 by arrangement	One-to-one support Scheduled sessions with staff for those requiring solution-focused support and/or advice #Wellbeing
Tuesday to Friday 10:00 – 2:00 by arrangement	Community Fridge We continue to operate a limited free food/essentials collection service from the Project. Please call us to arrange a time slot. Appointment only #FoodInsecurity #CostOfLiving
Tuesday 12:30 – 6:00 Wednesday, Thursday & Friday 10:00 – 2:00	Pantry Plus Pantry Plus is an affordable way to eat well for at least 40% less (than the cheapest supermarket). You can purchase special themed Tea Bags (yer tea in a bag). Every penny spent supports our free food provision. #ZeroFoodWaste #Resilience
Tuesday 11:00 – 1:00 Thursday 12:00 – 3:00	Paisley Men's Shed The shedders welcome any men over 18 interested in sharing practical skills & getting more involved within their community. #Shedders #SMSA #Connections
Wednesdays (fortnightly) 12:30 – 2:30	Fairer Renfrewshire Lived Experience Panel We're continuing our partnership with Renfrewshire Council, working towards a Fairer Renfrewshire. Our Lived experience panel are working with the Fairer Renfrewshire Sub-Committee to recommend the changes that matter to us as a community. #CostOfLiving #Wellbeing
Fridays (term time only) 10:00 – 12:00	Wee STARs Toddler Group Come and twinkle at Wee STARs as we make memories together with our fun, creative and educational activities #BookBug #Exertots
Tuesday to Friday 9:30 – 4:00 by arrangement Tuesday (fortnightly) – CAB 10:00 – 12:00 by arrangement	Money Matters We are pleased to offer appointments in the Project with the Renfrewshire Citizen's Advice Bureau (CAB). Advice Works, DWP & Social Security Scotland appointments can also be arranged; just ask the staff. #Wellbeing #CostOfLiving
Wednesdays (fortnightly) 5:30 – 7:30	Shortroods Young Men's Group A local men's group that meets to support positive mental health in the community. If you would like to join them, please get in touch. Age range 16 to 24 #MensMentalHealth #Wellbeing

AUGUST



Friday 29th August 7:00 – 10:00 @ Caledonia Bowling Club	Jam Jar Movies: Summer Lovin' It's the end of summer, so let's get in the mood by going back to school with a Grease Sing-A-Long! Come dressed as a character or in your best 1950s garb, we'll have some fairground games, a raffle and, of course, a chance to belt out all your favourites from this fun musical! We'll bring the movie and popcorn; you bring a jar or tin of something as a donation for our free food provision! #Wellbeing #JamJarMovies #FoodInsecurity
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SEPTEMBER

Please note, we'll be closed on Friday 26th & Monday 29th for the September weekend	
Tuesday 2nd September 10:00 – 12:00	Fall into Autumn Leaves are changing—and so's our Drop-In Tree! Swing by, share your fave autumn things, and craft cosy leaf creations. It'll be tree-mendous! 🍁 #Creativity #DropInTree #Autumn
Saturday 13th September, 11th October & 8th November 11:00 – 3:00	Aisle Be There We're bag-packing at the fab Marks & Spencer. Got an hour? Join a friendly shift, help customers, and raise funds for STAR's autumn programme. Sign up for time slots with staff or drop us a message. Bags of thanks in advance! 📦 #Fundraising #Connections
Sunday 14th September	Seonaid's Tartan Trek Huge thanks to oor Seonaid for lacing up and donning the tartan to raise funds for STAR by doing the Kiltwalk! Want to cheer her on? Sponsor her stride. Every step helps us keep cuppas warm, sessions buzzing, and families supported. 🙌 Sponsor Seonaid: http://bit.ly/4IDOWp6 #Fundraising #Connections #Kiltwalk
Tuesday 16th September Time TBD	Sit-izen Builders The building work on oor new activity space is underway, and we can't wait to turn it into a cosy social nook...and you're the makers! Using simple, self-built plans, repurposed materials from the current space, and with help from our architect, joiner and, of course, Paisley Men's Shed, we'll saw, hammer & nail sturdy timber benches and chairs for our winter garden. No experience needed; we bring the tools and the tea. #CapitalBuild #Crating #Recycle
Thursday 18th, 25th September & 2nd, 9th October 12:30 – 2:30	Crafting Change: Scotland Demands Better Challenge Poverty Week is nearly here, and the Scotland Demands Better march is around the corner. Join us to turn lived experience into bold banners and placards. No art skills needed, just your voice. We'll chat, create, and get march-ready together. Materials and cuppas provided; bring your ideas and leave with something you're proud to carry 🧺 🧺

Tuesday 30th September 2:30 – 3:30 Linwood 4 – 5 Abbotsinch	Paw It Forward Pop Ups Our free food provision, The Community Fridge, has a hugely popular pet food section and we're topping it up with oor good pals from Pets at Home! 🐾 Drop off tins, treats or litter (unopened & in date) and help local pets stay fed and happy. Quick chat, big impact. Pawsome if you can swing by!
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OCTOBER

Tuesday 7th & Wednesday 8th October 12:30 – 2:30	Wreath & Reuse: Autumn Edition Give tired materials a second life and craft a beautiful autumn wreath from repurposed bits and bobs. We'll bring the tools and trimmings like willow (thanks, Paisley Men's Shed), ribbon, fabric, paper, and pinecones. Come for a cosy make, leave with a door-ready wreath that's uniquely yours. #Creativity #Recycle #SaveThePlanet
Tuesday 14th October 10:00 – 12:00	Monster Makes & Pumpkin Paints Drop-In Crafts Roll up, ghouls, the October break is here! Clay ghosts, marbled pumpkins and autumn magic—no tricks, just treats. No experience needed, just bring yer best cackle. Family-friendly and frightfully fun. #Creativity #Halloween
14th, 15th & 16th October 10:00 – 11:00	October BREAKfast Club We know we have a jam-packed (see what we did there?) programme for you during the school holidays, so we better make sure we keep our tummies filled! In addition to our usual toast and biscuits, we'll have fruit and cereal to help start the day the right way! #Wellbeing #DignifiedFood
Tuesday 14th, 21st & Thursday 16th October PM (time TBD)	Frightening Flags & BOO-tiful Banners Workshops Get parade-ready with Cirque Bijou! We're crafting giant, colourful flags & banners for the Paisley Halloween Festival. No experience needed #Creativity #Halloween
Wednesday 15th October 10:00 – 12:00	Snack Attack: Muggle Magic Put on your wizard hat and join Professor Cookalot for a whirl of mug-cake magic and spell-making. Quick, tasty and a little bit magical. Perfect for little wizards and crafty grown-ups alike. <i>(Allergen info on the day.)</i> #Wellbeing #OutOfThisWorld
Thursday 23rd, 30th October & 6th, 13th November 10:00 – 12:00	Inside Out Masks As part of the Scottish Mental Health Arts Festival, this gentle, therapeutic workshop explores the masks we wear on the outside and the feelings we hide. Using simple, soothing art-making (collage, colour, words), you'll create a two-sided mask, reflect at your own pace, and share only if you wish. #Creativity #SMHAF

Friday 24th October 6:00 – 9:00	Paisley Halloween Parade Join us as we show off our awesome creative masks while walking through the town! This is one fright-fest you won't want to miss! #PaisleyIs #PaisleyHalloweenParade
Saturday 25th October 10:00 – 4:00	Scotland Demands Better March – Edinburgh Organised by the Poverty Alliance, we're marching from the Scottish Parliament up the Royal Mile to make our voices heard alongside organisations and individuals across Scotland. Join us to call for real change so every household can thrive. Transport to and from Edinburgh is provided. Bring your banners. #Connections #ScotlandDemandsBetter
Tuesday 28th October 11:00 – 12:30	Spook & Scoop: Team Up to Clean-Up @ Fountain Gardens Ahead of our skeerie Shortroods Samhain, we're showing some love to Fountain Gardens with a friendly litter pick. Bags, grabbers and gloves provided, just bring yourself and dress for the weather. Let's make sure it's not the litter that's scaring people the night. #Connections #TeamUpToCleanUp
Tuesday 28th October 4:00 – 6:00	Shortroods Samhain @ Fountain Gardens When the veil between worlds is thinnest... Warm up with hearty Scotch broth, pause for a candlelit remembrance at the Labyrinth, and enjoy a powerful live performance of Tam o' Shanter by a local poet. Then brave our spooky trail and meet the skeeries of Scottish folklore. #Connections #Samhain

NOVEMBER

Please note: We will be closed on 14th and 21st November, We'll be using this time for a big tidy-up and team training, so we can keep making the space welcoming and working well for everyone.	
Wednesday 5th November 10:00 – 1:00	Consultation We can't wait to hear what you thought of our autumn programme and what's impacting you and your community. Come for the chat, stay for the lunch! #Wellbeing #HaveYourSay
Thursday 20th November 12:00 – 3:00	Paisley Men's Shed Annual Open Day To mark International Men's Day (19 Nov), join us for our first Open Day since Paisley Men's Shed became a constituted group! Meet the Shedders, tour the workshops, see brilliant personal and community builds and maybe pick up a handmade Christmas gift. Everyone welcome. #InternationalMensDay #Shedders #MensShed
Thursday 27th November 10:00 – 12:00	St Andrew's Day Drop-In: Faces, Feats & Flair St Andrew's Day is Sunday, 30 November, so we're celebrating Scotland's famous faces and world-changing feats. Drop in, learn about our forebears and trailblazers, add a tartan touch to our Drop-In Tree with some crafts, and enjoy some traditional Scottish treats. #Creativity #ScottishCulture #StAndrewsDay

Saturday 29th November 11:00 – 2:00 @ Caledonia Bowling Club	Winter Wonders Fayre Join us at Caledonia Bowling Club for a festive feel-good market packed with handmade treasures by local makers. Shop (or sell) with purpose and spread more joy across the community. Come browse, buy, and help us make this Christmas magical. If you're a maker: limited stall spaces available (£10 per table plus a donation to the raffle). #Connections #Fundraising #Crafts
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Watch this space...

Artists in Residence at STAR

With support from the Cultural Organisations Fund (COF), we're welcoming new artists-in-residence to explore, collaborate and spark fresh creativity at STAR. Whether you're an art enthusiast or just curious to try something new, you're warmly invited. Keep an eye on our programme for dates.

Winter Connections

We're hoping to be able to extend our opening hours again this winter with an additional evening Drop-In. We'll keep you updated the moment we know!

Keep an eye on our social media for more, or call 0141 889 5850



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